

**“The Sheen Trio crafts an organically rich soundscape shaped by interwoven sensitivity.” *Martin Longley, JAZZ WISE***

**"Elektrischer, experimenteller Jazz"  
*Rolf Thomas, JAZZthing***

**„Der spannungsreiche Post-Rock des Sheen Trios um Shabnam Parvaresh –  
brillant!“ *Jan Paersch***

**„Shabnam Parvaresh vereint Avantgarde, Romantik und Folk zu einem  
unverwechselbaren Sound“**

***Hans-Dieter Grünefeld, Sonic - sax & brass magazine“***

## **Sheen Trio “Transitory” – Album Release Tour**

What does change sound like?

With *Transitory*, the Sheen Trio led by bass clarinetist and composer **Shabnam Parvaresh** creates dense, atmospheric soundscapes that move between jazz, krautrock, free jazz, rock, and experimental textures, interwoven with influences from Iran. The music lives in the tension between chaos and silence, blending personal memories with global transformations. Immersive, lush, and irresistibly sensual, it feels like a mythical vessel carrying listeners into unfamiliar sonic realms.

Following their acclaimed debut *Gozar* (2023), the trio released their new album *Transitory* in early 2026 on Unit Records — a work rich in narrative depth and improvisational freedom.

The name *Sheen Trio* refers to the sixteenth letter of the Persian alphabet — the letter “Sheen,” which also begins the name of the bandleader.

Shabnam Parvaresh’s musical journey began in Tehran, where she performed with the Tehran Symphony Orchestra. In 2014, she moved to Germany to study jazz clarinet and founded the Sheen Trio five years later as a sonic framework that unites all her musical influences.

Together with **Ula Martyn-Ellis** on guitar and **Philipp Buck** on drums, the trio creates exploratory compositions that resemble musical migration: at times quiet and contemplative, at others impulsive and adventurous — always searching for new, undiscovered places.

### **Line-up:**

Shabnam Parvaresh – bass clarinet, clarinet, FX

Ula Martyn-Ellis – electric guitar

Philipp Buck – drums